

Teacher's Resources

- ❖ Each book of the series has a **Teacher's Manual**, which includes lesson plans, the complete answer key to the coursebook, additional exercises, a glossary, project ideas, answer keys to the model test papers in the textbook and additional model test papers with answer keys.
- ❖ The Teacher's Manual is accompanied by digital teaching and learning aids—**Oxford Educate** and an interactive **Test Generator**. These resources will help teachers in creating meaningful learning-teaching experiences.

Authors

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OXFORD
SCHOOL EDUCATION

TREK

Primary Social Studies



COURSE COMPONENTS

- › Books for Classes 1 to 5
- › Teacher's Manual
- › Oxford Educate with Test Generator

Trek is a highly successful series on social studies for Classes 1 to 5. It provides a solid foundation to primary school students which equips them to tackle the subject successfully in the middle school. It introduces the students to geography, history and civics in a way that is easy to understand and retain. This revised edition is based on user feedback. Innovatively designed, each book of the series makes the teaching-learning of social studies an enjoyable experience.



In Classes 1 and 2 the students are introduced to the concept of social studies by relating it to the world around them. In Classes 3 to 5, the key elements of geography, history and civics are covered in a balanced way. The geography section explains fundamental concepts, introduces the geography of India and the world, and develops mapping and spatial skills. The history section explains how different sources help us to understand the past and how timelines help us to relate and recall important dates in history. The civics chapters impart civic sense to the students so that they become aware citizens and provide a basic understanding of how the government works. In addition, the series also hones important life skills and inculcates essential values.

Key features

Trek, the highly successful series, introduces primary students to geography, history and civics in an easy and activity-based manner and helps them to acquire important concepts and skills in social studies.

Simple and graded language
keeping student levels in
mind

A child-friendly layout
with illustrations, photographs
and maps wherever relevant

EXERCISES

- Choose the correct words to fill up the blanks.
 - We all need _____ to live. (food/clothes)
 - People who eat meat and fish are called _____. (vegetarians/non-vegetarians)
 - People who do not eat meat and fish are called _____. (vegetarians/non-vegetarians)
 - We need to drink at least _____ glasses of water every day. (two to three/six to eight)
 - We usually eat food _____ times a day. (three/two)
- Write 'P' for foods we get from plants, and 'A' for foods we get from animals.

a. Eggs _____	b. Wheat _____	c. Rice _____	d. Chicken _____
e. Meat _____	f. Banana _____	g. Dals _____	h. Nuts _____
i. Fish _____	j. Potato _____		

Ample and varied
Exercises to reinforce learning

Did You Know? to impart
interesting
snippets of information

Did you know?

Millions of years ago all the continents formed a single supercontinent called Pangaea. As time passed, Pangaea split into pieces, which started drifting away from one another. The space between the pieces started filling up with water. This is how continents and oceans were formed.

Let's Recall at the end of
each chapter to aid
recapitulation

We usually eat three meals a day.
• Breakfast in the morning • Lunch in the afternoon • Dinner at night

LET'S RECALL

- Food makes us healthy and strong.
- Non-vegetarians are those who eat eggs, meat, fish and chicken.
- Vegetarians do not eat eggs, fish, meat and chicken.
- We need to drink six to eight glasses of water every day.

NEW WORDS

- Pulses** Seeds of plants which are cooked and eaten as food—all dals are pulses
Non-vegetarians People who eat egg, meat, fish and chicken
Vegetarians People who do not eat egg, meat, fish and chicken
Milk products Food made from milk

New Words to build
vocabulary

Let's Discuss, Let's Think, and
Values and Life Skills facilitate
individual introspection followed by
classroom discussions

LET'S DISCUSS

How is your life different from those of early humans?

LET'S THINK

Early humans did not have any books to read. Why?

VALUES AND LIFE SKILLS

Tame animals are not afraid of people, and are used to living with them. We should be kind to them and treat them well. How do you treat tame animals?

ACTIVITY

- Try rubbing two stones together. Touch and feel the stones after rubbing for some time. Are they hot? Why?
- Collect leaves and tie them together to make a skirt. It would look something like this.
- Collect pictures of early humans and paste them on a chart paper. Then you can talk in class about how early humans lived their life.



Innovative and interesting
Activities to provide hands-
on experience

Model Test Papers for quick
revision



Teacher's notes: You could show children movies like *Tarzan* or *Jungle Book* to get an idea of primitive living and how early humans would have lived their lives.

Teacher's Notes in Books 1 and 2
to help teachers build each lesson