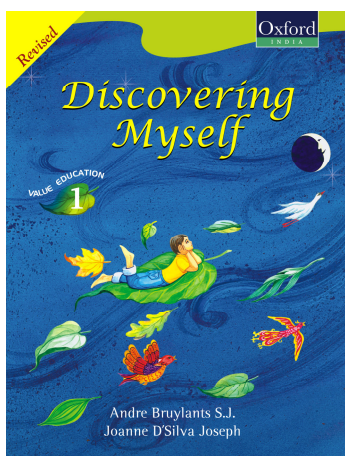
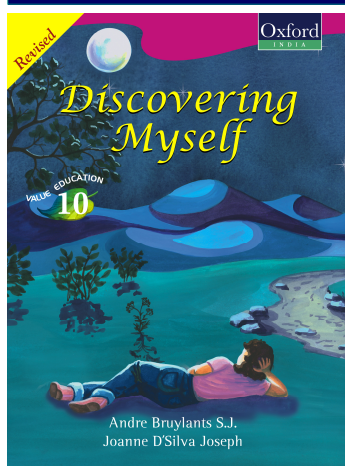


# Discovering Myself



Discovering Myself is a series on value education, which lead a child to the path of self discovery by helping a child imbibe values through wholesome living, supported through role plays, activities, poems and songs. It aims to help a child in the process of self-discovery through role-play, activities, poems and songs.

The books allow each child to realize his/her hidden potential through a myriad of activities. The themes presented in the series cover a wide variety of life situations and addresses both parents and teachers

## Key Features

- Strengthens the child's belief in self, thereby building good national and global citizens
- Nudges the child to reflect on values and issues that are of concern to him
- Aims at evolving a responsible individual who can question, analyse and derive at independent conclusions
- Cultivates the feeling of I Can rather than IQ
- Promotes independent thinking and discusses contemporary issues without being judgmental and without any bias
- Discusses sensitive issues and endeavors to help the adolescents deal with emotional and physical changes
- Provides ample scope for self-expression
- Teacher's Notes provide guidelines to the teacher
- Contains thought-provoking instances to help a child introspect effectively

**Additional  
Assignment Sheets  
Available**

## About the Authors

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